



## Consent for Chronic Opioid Therapy

The providers at Pain and Wellness Center are prescribing opioid medicines to me for moderate to severe pain.

This decision was made because my condition is serious and/or other treatments have not helped my pain. I am aware that the use of such medicine has certain risks associated with it, including, but not limited to: sleepiness or drowsiness, constipation, nausea, vomiting, itching, sweating, urinary difficulties, dizziness, allergic reaction, slowing of breathing rate (which can result in death), slowing of reflexes or reaction time, physical dependence, tolerance to analgesia, addiction, re-addiction, and the possibility that the medicine will not provide adequate pain relief.

I have been counseled about other treatments that do not involve the use of opioids.

I will tell my provider about all other medicines and treatments that I am receiving.

I will not be involved in any activity that may be dangerous to me or someone else if I feel drowsy or am not thinking clearly. I am aware that even if I do not notice it, my reflexes and reaction time might still be slowed. Such activities include, but are not limited to: using heavy equipment or operating a motor vehicle and being responsible for another individual who is unable to care for himself or herself.

I am aware that certain other medicines such as nalbuphine (Nubain™), pentazocine (Talwin™), buprenorphine (Buprenex™), and butorphanol (Stadol™), may reverse the action of opioids. Taking any of these other medicines while I am taking opioids can cause a withdrawal syndrome. I agree not to take any of these medicines.

I agree to tell my primary care provider and all of my prescribers that I am taking an opioid for my pain.

I am aware that addiction is defined as the use of a medicine even if it causes harm, having cravings for a drug, feeling the need to use a drug and a decreased quality of life. I am aware that the chance of becoming addicted to opioids is low. I am aware that the development of addiction is more common in a person who has a family or personal history of addiction. I agree to tell my provider my complete and honest personal drug history and that of my family to the best of my knowledge.

I understand that physical dependence is a normal result of using opioids for a long time. I understand that physical dependence is not the same as addiction. I am aware physical dependence means that if my pain medicine use is markedly decreased, stopped or reversed by some of the agents mentioned above, I will experience a withdrawal syndrome. Symptoms of withdrawal include increased pain, runny nose, yawning, large pupils, goose bumps, abdominal pain and cramping, diarrhea, irritability, aches throughout my body, and a flu-like feeling. I am aware that opioid withdrawal is uncomfortable but not life threatening.

I am aware that tolerance to analgesia means that I may require more medicine to get the same amount of pain relief. If it occurs, increasing doses may not always help and may cause unacceptable side effects. Tolerance or failure to respond well to opioids may cause my provider to choose another form of treatment.

**(Males only)** I am aware that chronic opioid use has been associated with low testosterone levels in males. This may affect my mood, stamina, sexual desire and sexual performance.

**(Females Only)** If I plan to become pregnant or believe that I have become pregnant while taking this pain medicine, I will immediately call my obstetric provider and this office to inform them. I am aware that, should I carry a baby to delivery while taking these medicines, the baby will be physically dependent upon opioids. I am aware that the use of opioids is not generally associated with a risk of birth defects. However, birth defects can occur whether or not the mother is on medicines and there is always the possibility that my child will have a birth defect while I am taking an opioid.

I have read this form or have it read to me. I understand all of it. I have had a chance to have all of my questions regarding this treatment answered to my satisfaction. By signing this form voluntarily, I give my consent for the treatment of my pain with opioid pain medicines.